

Three little bedtime adventures

Simple activities to enjoy with a grown-up. Ages 2–5.

1. Share a little kindness

Talk together about someone who needed help in Pip's story. Think of one kind thing you could do tomorrow.

My little kindness will be...

2. Find a gentle glow

With your grown-up, notice a cosy light in your room. Imagine who Pip might guide home with her lantern.

Someone Pip could help is...

3. Make a wishing sky

Draw your own night sky in the space below. Add stars and a warm little light. Tell your grown-up a wish for tomorrow.

My bedtime sky

